



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Zwaka, Lena

Club: RC St. Walpurgis Großengottern
Number: 811

Course: 5.00 km
5 km-Lauf

Category:
weibliche Jugend (16-19 Jahre)

Total time: 26:45

Speed: 11.21 km/h
Running performance: 5:21 min/km

Rank in course/Total: 90 (of 152)

Rank in course/Women: 16 (of 44)

Best time in course: 22:03

Rank in category: 1(of 1)

Best time in the category: 26:45