



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Both, Susan

Club: Laufiebe
Number: 863

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 28:17

Speed: 10.61 km/h
Running performance: 5:40 min/km

Rank in course/Total: 102 (of 152)

Rank in course/Women: 20 (of 44)

Best time in course: 22:03

Rank in category: 2(of 6)

Best time in the category: 26:38