



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Mäder, Bernd

Club: SV Kyffhäuser Bad Frankenhausen
Number: 851

Course: 5.00 km
5 km-Lauf

Category:
Senioren M70 (70-74 Jahre)

Total time: 28:17

Speed: 10.61 km/h
Running performance: 5:40 min/km

Rank in course/Total: 104 (of 152)

Rank in course/Men: 83 (of 108)

Best time in course: 16:38

Rank in category: 1(of 1)

Best time in the category: 28:17