



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Obst, Amelie

Club: Caputher SV  
Number: 888

Course: 5.00 km  
5 km-Lauf

Category:  
weibliche Jugend U14 (12-13 Jahre)

Total time: 28:29

Speed: 10.53 km/h  
Running performance: 5:42 min/km

Rank in course/Total: 105 (of 152)

Rank in course/Women: 22 (of 44)

Best time in course: 22:03

Rank in category: 5(of 5)

Best time in the category: 23:38