



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Groß, Silvia

Club: BSG Sparkasse Unstrut-Hainich
Number: 750

Course: 5.00 km
5 km-Lauf

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 28:47

Speed: 10.42 km/h
Running performance: 5:46 min/km

Rank in course/Total: 107 (of 152)

Rank in course/Women: 23 (of 44)

Best time in course: 22:03

Rank in category: 3(of 5)

Best time in the category: 25:07