



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Thon, Andre

Club: Feuerwehr MHL
Number: 841

Course: 5.00 km
5 km-Lauf

Category:
Senioren M35 (35-39 Jahre)

Total time: 28:50

Speed: 10.40 km/h
Running performance: 5:46 min/km

Rank in course/Total: 110 (of 152)

Rank in course/Men: 85 (of 108)

Best time in course: 16:38

Rank in category: 7(of 10)

Best time in the category: 19:29