



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Schwabe, Maik

Club: Feuerwehr MHL
Number: 843

Course: 5.00 km
5 km-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 29:00

Speed: 10.34 km/h
Running performance: 5:48 min/km

Rank in course/Total: 112 (of 152)

Rank in course/Men: 88 (of 108)

Best time in course: 16:38

Rank in category: 14(of 17)

Best time in the category: 20:00