



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Franz, Karsten

Club: WSV Scheibe-Alsbach
Number: 819

Course: 5.00 km
5 km-Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 29:07

Speed: 10.30 km/h
Running performance: 5:49 min/km

Rank in course/Total: 116 (of 152)

Rank in course/Men: 90 (of 108)

Best time in course: 16:38

Rank in category: 9(of 10)

Best time in the category: 21:18