



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Thüringer, Diana

Club: Haflingerzucht Unstruttal  
Number: 799

Course: 5.00 km  
5 km-Lauf

Category:  
Seniorinnen W35 (35-39 Jahre)

Total time: 30:51

Speed: 9.72 km/h  
Running performance: 6:10 min/km

Rank in course/Total: 127 (of 152)

Rank in course/Women: 30 (of 44)

Best time in course: 22:03

Rank in category: 3(of 6)

Best time in the category: 28:17