



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Pallas, Klaus

Club: BSG Sparkasse Unstrut-Hainich
Number: 784

Course: 5.00 km
5 km-Lauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 31:56

Speed: 9.39 km/h
Running performance: 6:23 min/km

Rank in course/Total: 143 (of 152)

Rank in course/Men: 105 (of 108)

Best time in course: 16:38

Rank in category: 17(of 17)

Best time in the category: 20:00