



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Leister, Rafael

Club: SpVgg Faulungen  
Number: 864

Course: 5.00 km  
5 km-Lauf

Category:  
Männer (20-29 Jahre)

Total time: 35:15

Speed: 8.51 km/h  
Running performance: 7:03 min/km

Rank in course/Total: 150 (of 152)

Rank in course/Men: 108 (of 108)

Best time in course: 16:38

Rank in category: 25(of 25)

Best time in the category: 18:23