



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Merrbach, Frank

Number: 2420

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 34:11

Speed: 17.55 km/h

Running performance: 3:25 min/km

Rank in course/Total: 3 (of 170)

Rank in course/Men: 3 (of 136)

Best time in course: 31:29

Rank in category: 2(of 20)

Best time in the category: 32:28