



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Thude, Andreas

Club: SCC Berlin

Number: 2456

Course: 10.00 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 37:58

Speed: 15.80 km/h

Running performance: 3:48 min/km

Rank in course/Total: 11 (of 170)

Rank in course/Men: 11 (of 136)

Best time in course: 31:29

Rank in category: 5(of 20)

Best time in the category: 32:28