



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Riese, Andreas

Club: die Lengefelder  
Number: 2436

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M45 (45-49 Jahre)

Total time: 41:05

Speed: 14.60 km/h  
Running performance: 4:07 min/km

Rank in course/Total: 20 (of 170)

Rank in course/Men: 20 (of 136)

Best time in course: 31:29

Rank in category: 1(of 17)

Best time in the category: 41:05