



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Förster, Thomas

Number: 2416

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 41:42

Speed: 14.39 km/h

Running performance: 4:10 min/km

Rank in course/Total: 26 (of 170)

Rank in course/Men: 26 (of 136)

Best time in course: 31:29

Rank in category: 1(of 16)

Best time in the category: 41:42