



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Staufenbiel, Roman

Club: Katharinenberg
Number: 2465

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 42:59

Speed: 13.96 km/h
Running performance: 4:18 min/km

Rank in course/Total: 37 (of 170)

Rank in course/Men: 37 (of 136)

Best time in course: 31:29

Rank in category: 8(of 24)

Best time in the category: 37:19