



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Zegowitz, Gerhard

Club: Weimar
Number: 2375

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 44:15

Speed: 13.56 km/h
Running performance: 4:25 min/km

Rank in course/Total: 51 (of 170)

Rank in course/Men: 49 (of 136)

Best time in course: 31:29

Rank in category: 3(of 16)

Best time in the category: 41:42