



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Gückel, Martin

Club: Waspo Göttingen

Number: 2301

Course: 10.00 km

Hauptlauf

Category:

Senioren M40 (40-44 Jahre)

Total time: 45:11

Speed: 13.28 km/h

Running performance: 4:31 min/km

Rank in course/Total: 63 (of 170)

Rank in course/Men: 60 (of 136)

Best time in course: 31:29

Rank in category: 10(of 24)

Best time in the category: 37:19