



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Mende, Herbert

Club: Fa. Rübsam
Number: 2334

Course: 10.00 km
Hauptlauf

Category:
Senioren M60 (60-64 Jahre)

Total time: 46:01

Speed: 13.04 km/h
Running performance: 4:36 min/km

Rank in course/Total: 65 (of 170)

Rank in course/Men: 62 (of 136)

Best time in course: 31:29

Rank in category: 2(of 6)

Best time in the category: 44:26