



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Witzenhausen, Clemens

Club: Sondershausen  
Number: 2372

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M40 (40-44 Jahre)

Total time: 46:08

Speed: 13.01 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 68 (of 170)

Rank in course/Men: 64 (of 136)

Best time in course: 31:29

Rank in category: 11(of 24)

Best time in the category: 37:19