



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Jahn, Leonore

Club: Erfurt
Number: 2412

Course: 10.00 km
Hauptlauf

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 47:15

Speed: 12.70 km/h
Running performance: 4:43 min/km

Rank in course/Total: 72 (of 170)

Rank in course/Women: 4 (of 34)

Best time in course: 43:13

Rank in category: 1(of 5)

Best time in the category: 47:15