



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Sagi, Esther

Club: LTV Erfurt  
Number: 2399

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 47:26

Speed: 12.65 km/h  
Running performance: 4:44 min/km

Rank in course/Total: 74 (of 170)

Rank in course/Women: 5 (of 34)

Best time in course: 43:13

Rank in category: 4(of 9)

Best time in the category: 43:13