



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Ackermann, Thomas

Club: Röblinglaufverein

Number: 2409

Course: 10.00 km

Hauptlauf

Category:

Senioren M50 (50-54 Jahre)

Total time: 48:41

Speed: 12.32 km/h

Running performance: 4:52 min/km

Rank in course/Total: 77 (of 170)

Rank in course/Men: 72 (of 136)

Best time in course: 31:29

Rank in category: 5(of 16)

Best time in the category: 41:42