



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Ludwig, Michael

Club: S&S

Number: 2333

Course: 10.00 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 49:23

Speed: 12.15 km/h

Running performance: 4:56 min/km

Rank in course/Total: 84 (of 170)

Rank in course/Men: 78 (of 136)

Best time in course: 31:29

Rank in category: 16(of 20)

Best time in the category: 32:28