



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Apel, Michaela

Number: 2414

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 50:18

Speed: 11.93 km/h

Running performance: 5:02 min/km

Rank in course/Total: 89 (of 170)

Rank in course/Women: 7 (of 34)

Best time in course: 43:13

Rank in category: 5(of 9)

Best time in the category: 43:13