



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Osterland, Bernd

Club: Grabe

Number: 2406

Course: 10.00 km

Hauptlauf

Category:

Senioren M55 (55-59 Jahre)

Total time: 51:01

Speed: 11.76 km/h

Running performance: 5:06 min/km

Rank in course/Total: 100 (of 170)

Rank in course/Men: 91 (of 136)

Best time in course: 31:29

Rank in category: 5(of 7)

Best time in the category: 41:46