



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Keßler, Cornelia

Club: Menteroda  
Number: 2314

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 51:31

Speed: 11.65 km/h  
Running performance: 5:09 min/km

Rank in course/Total: 105 (of 170)

Rank in course/Women: 11 (of 34)

Best time in course: 43:13

Rank in category: 3(of 5)

Best time in the category: 47:15