



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Schmitz, Karola

Number: 2430

Course: 10.00 km

Hauptlauf

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 52:04

Speed: 11.52 km/h

Running performance: 5:13 min/km

Rank in course/Total: 107 (of 170)

Rank in course/Women: 12 (of 34)

Best time in course: 43:13

Rank in category: 1(of 3)

Best time in the category: 52:04