



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Blaszczyk, Christian

Number: 2417

Course: 10.00 km

Hauptlauf

Category:

Senioren M30 (30-34 Jahre)

Total time: 52:32

Speed: 11.42 km/h

Running performance: 5:15 min/km

Rank in course/Total: 108 (of 170)

Rank in course/Men: 96 (of 136)

Best time in course: 31:29

Rank in category: 17(of 20)

Best time in the category: 32:28