



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Sondermann, Steve

Club: Weimar  
Number: 2357

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 52:33

Speed: 11.42 km/h  
Running performance: 5:16 min/km

Rank in course/Total: 109 (of 170)

Rank in course/Men: 97 (of 136)

Best time in course: 31:29

Rank in category: 18(of 20)

Best time in the category: 32:28