



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Kranz, Horst

Club: Sondershausen  
Number: 2398

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M60 (60-64 Jahre)

Total time: 54:50

Speed: 10.94 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 123 (of 170)

Rank in course/Men: 105 (of 136)

Best time in course: 31:29

Rank in category: 4(of 6)

Best time in the category: 44:26