



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Hans, Constanze

Club: Schierschwende  
Number: 2305

Course: 10.00 km  
Hauptlauf

Category:  
Seniorinnen W30 (30-34 Jahre)

Total time: 55:26

Speed: 10.82 km/h  
Running performance: 5:32 min/km

Rank in course/Total: 127 (of 170)

Rank in course/Women: 19 (of 34)

Best time in course: 43:13

Rank in category: 8(of 9)

Best time in the category: 43:13