



18. Mühlhäuser Altstadtlauf
Mühlhausen / 30.08.2014

Detailed evaluation

Seebach, Christian

Club: Körner
Number: 2356

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 55:49

Speed: 10.75 km/h
Running performance: 5:35 min/km

Rank in course/Total: 130 (of 170)

Rank in course/Men: 111 (of 136)

Best time in course: 31:29

Rank in category: 20(of 24)

Best time in the category: 37:19