



18. Mühlhäuser Altstadtlauf  
Mühlhausen / 30.08.2014

Detailed evaluation

Lange, André

Club: Mühlhausen  
Number: 2329

Course: 10.00 km  
Hauptlauf

Category:  
Senioren M30 (30-34 Jahre)

Total time: 58:08

Speed: 10.32 km/h  
Running performance: 5:49 min/km

Rank in course/Total: 147 (of 170)

Rank in course/Men: 126 (of 136)

Best time in course: 31:29

Rank in category: 19(of 20)

Best time in the category: 32:28