



Erfurt 1 Marathon

Erfurt / 30.08.2014

Detailed evaluation

Vier Viertel

Club: LTV Erfurt

Number: 81

Course: 42.20 km

Marathon 4er Staffel

Category:

Staffel 4 x Mix

Total time: 3:28:31

Speed: 12.09 km/h

Running performance: 4:56 min/km

Rank in course/Total: 3 (of 21)

Rank in course/Total: 1 (of 16)

Best time in course: 3:28:31

Rank in category: 1(of 16)

Best time in the category: 3:28:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	
VP1 - Gubener St	5.40	26:03	4:49	3	0:59	3	0:59	5.40	26:03	4:49	1	-	1	-	
VP2 - Nordpark	4.80	26:28	5:30	5	1:18	5	1:18	10.20	52:31	5:08	1	-	1	-	
VP3 - Pfaffenstie	10.90	55:57	5:07	2	2:02	2	2:02	21.10	1:48:28	5:08	1	-	1	-	
VP4 - Waltersleb	4.90	28:07	5:44	7	4:29	7	4:29	26.00	2:16:35	5:15	1	-	1	-	
VP5 - Waldhaus	4.00	21:25	5:21	6	2:40	6	2:40	30.00	2:38:00	5:15	1	-	1	-	
Nordpark Erfurt	12.20	50:31	4:08	1	-	1	-	42.20	3:28:31	4:56	1	-	1	-	