



Erfurt 1 Marathon
Erfurt / 30.08.2014

Detailed evaluation

ASV-Senioren II

Club: ASV Erfurt
Number: 41

Course: 42.20 km
Marathon 4er Staffel

Category:
Staffel 4 x Männer

Total time: 3:42:08

Speed: 11.34 km/h
Running performance: 5:16 min/km

Rank in course/Total: 5 (of 21)

Rank in course/Men: 3 (of 4)

Best time in course: 3:12:25

Rank in category: 3(of 4)

Best time in the category: 3:12:25

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Gubener St	5.40	24:14	4:29	1	-	1	-	5.40	24:14	4:29	3		3	
VP2 - Nordpark	4.80	25:20	5:16	3	4:21	3	4:21	10.20	49:34	4:51	3	3:19	3	3:19
VP3 - Pfaffenstie	10.90	1:00:36	5:33	3	11:05	3	11:05	21.10	1:50:10	5:13	3	14:24	3	14:24
VP4 - Walterslebi	4.90	28:11	5:45	2	3:37	2	3:37	26.00	2:18:21	5:19	3	7:46	3	7:46
VP5 - Waldhaus	4.00	20:58	5:14	3	3:45	3	3:45	30.00	2:39:19	5:18	3	11:31	3	11:31
Nordpark Erfurt	12.20	1:02:49	5:08	3	18:12	3	18:12	42.20	3:42:08	5:15	3	29:43	3	29:43