



Erfurt 1 Marathon

Erfurt / 30.08.2014

Detailed evaluation

Team 4 K

Number: 42

Course: 42.20 km

Marathon 4er Staffel

Category:

Staffel 4 x Mix

Total time: 3:48:22

Speed: 11.09 km/h

Running performance: 5:25 min/km

Rank in course/Total: 6 (of 21)

Rank in course/Total: 3 (of 16)

Best time in course: 3:28:31

Rank in category: 3(of 16)

Best time in the category: 3:28:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
VP1 - Gubener St	5.40	29:23	5:26	6	4:19	6	4:19	5.40	29:23	5:26	2	3:20	2	3:20
VP2 - Nordpark	4.80	25:48	5:22	3	0:38	3	0:38	10.20	55:11	5:24	3	2:40	3	2:40
VP3 - Pfaffenstiege	10.90	1:01:04	5:36	6	7:09	6	7:09	21.10	1:56:15	5:30	3	7:47	3	7:47
VP4 - Waltersleben	4.90	26:34	5:25	5	2:56	5	2:56	26.00	2:22:49	5:29	3	6:14	3	6:14
VP5 - Waldhaus	4.00	19:24	4:50	3	0:39	3	0:39	30.00	2:42:13	5:24	3	4:13	3	4:13
Nordpark Erfurt	12.20	1:06:09	5:25	5	15:38	5	15:38	42.20	3:48:22	5:24	3	19:51	3	19:51