



Erfurt 1 Marathon

Erfurt / 30.08.2014

Detailed evaluation

Raif, Bernd

Total time: 4:15:37

Number: 91

Speed: 9.86 km/h

Running performance: 6:04 min/km

Course: 42.20 km

Rank in course/Total: 14 (of 43)

Marathon Einzel

Rank in course/Men: 13 (of 41)

Best time in course: 3:25:23

Category:

Rank in category: 13(of 41)

Männer

Best time in the category: 3:25:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total			Pos		Behind	
						Pos Men	Behind Men	km	Time	min/km	Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Gubener St	5.40	28:37	5:17	14	7:05	14	7:05	5.40	28:37	5:17	20		20	
VP2 - Nordpark	4.80	31:05	6:28	28	8:32	28	8:32	10.20	59:42	5:51	36		36	
VP3 - Pfaffenstie	10.90	1:11:38	6:34	18	18:50	18	18:50	21.10	2:11:20	6:13	34		34	
VP4 - Walterslebi	4.90	31:35	6:26	8	4:55	8	4:55	26.00	2:42:55	6:15	26		26	
VP5 - Waldhaus	4.00	23:18	5:49	6	2:49	6	2:49	30.00	3:06:13	6:12	34		34	
Nordpark Erfurt	12.20	1:09:24	5:41	6	8:23	6	8:23	42.20	4:15:37	6:03	14	50:14	14	50:14