



# Erfurt 1 Marathon

Erfurt / 30.08.2014

## Detailed evaluation

Raif, Bernd

Total time: 4:15:37

Number: 91

Speed: 9.86 km/h

Running performance: 6:04 min/km

Course: 42.20 km

Rank in course/Total: 14 (of 43)

Marathon Einzel

Rank in course/Men: 13 (of 41)

Category:

Best time in course: 3:25:23

Männer

Rank in category: 13(of 41)

Best time in the category: 3:25:23

### Intermediate times

### Stage score

### Total ranking

| Control           | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total       |               |                 | Total ranking |                |            |               |
|-------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|-------------|---------------|-----------------|---------------|----------------|------------|---------------|
|                   |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat.   | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| VP1 - Gubener St  | 5.40        | 28:37         | 5:17            | 14          | 7:05           | 14          | 7:05          | 5.40        | 28:37         | 5:17            | 20            |                | 20         |               |
| VP2 - Nordpark    | 4.80        | 31:05         | 6:28            | 28          | 8:32           | 28          | 8:32          | 10.20       | 59:42         | 5:51            | 36            |                | 36         |               |
| VP3 - Pfaffenstie | 10.90       | 1:11:38       | 6:34            | 18          | 18:50          | 18          | 18:50         | 21.10       | 2:11:20       | 6:13            | 34            |                | 34         |               |
| VP4 - Walterslebi | 4.90        | 31:35         | 6:26            | 8           | 4:55           | 8           | 4:55          | 26.00       | 2:42:55       | 6:15            | 26            |                | 26         |               |
| VP5 - Waldhaus    | 4.00        | 23:18         | 5:49            | 6           | 2:49           | 6           | 2:49          | 30.00       | 3:06:13       | 6:12            | 34            |                | 34         |               |
| Nordpark Erfurt   | 12.20       | 1:09:24       | 5:41            | 6           | 8:23           | 6           | 8:23          | 42.20       | 4:15:37       | 6:03            | 14            | 50:14          | 14         | 50:14         |