



Erfurt 1 Marathon
Erfurt / 30.08.2014

Detailed evaluation

Siebert, Martin

Club: LG Running Spatz
Number: 28

Course: 42.20 km
Marathon Einzel

Category:
Männer

Total time: 4:20:49

Speed: 9.66 km/h
Running performance: 6:11 min/km

Rank in course/Total: 18 (of 43)

Rank in course/Men: 17 (of 41)

Best time in course: 3:25:23

Rank in category: 17(of 41)

Best time in the category: 3:25:23

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Gubener St	5.40	29:48	5:31	27	8:16	27	8:16	5.40	29:48	5:31	1	-	1	-
VP2 - Nordpark	4.80	27:49	5:47	13	5:16	13	5:16	10.20	57:37	5:38	39		39	
VP3 - Pfaffenstie	10.90	1:15:40	6:56	30	22:52	30	22:52	21.10	2:13:17	6:19	37		37	
VP4 - Walterslebi	4.90	29:43	6:03	3	3:03	3	3:03	26.00	2:43:00	6:16	30		30	
VP5 - Waldhaus	4.00	24:41	6:10	8	4:12	8	4:12	30.00	3:07:41	6:15	37		37	
Nordpark Erfurt	12.20	1:13:08	5:59	11	12:07	11	12:07	42.20	4:20:49	6:10	18	55:26	18	55:26