



Erfurt 1 Marathon  
Erfurt / 30.08.2014

Detailed evaluation

ReFi

Number: 44

Course: 42.20 km  
Marathon 2er Staffel

Category:  
Staffel 2 x Männer

Total time: 3:51:21

Speed: 10.89 km/h  
Running performance: 5:29 min/km

Rank in course/Total: 7 (of 14)

Rank in course/Men: 6 (of 10)

Best time in course: 3:16:38

Rank in category: 6(of 10)

Best time in the category: 3:16:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Gubener St	5.40	25:29	4:43	5	1:13	5	1:13	5.40	25:29	4:43	5	0:08	5	0:08
VP2 - Nordpark	4.80	24:30	5:06	3	3:19	3	3:19	10.20	49:59	4:54	5	2:54	5	2:54
VP3 - Pfaffenstie	10.90	57:00	5:13	1	-	1	-	21.10	1:46:59	5:04	5		5	
VP4 - Walterslebi	4.90	29:12	5:57	5	9:11	5	9:11	26.00	2:16:11	5:14	4		4	
VP5 - Waldhaus	4.00	23:45	5:56	6	5:30	6	5:30	30.00	2:39:56	5:19	5	18:55	5	18:55
Nordpark Erfurt	12.20	1:11:25	5:51	9	15:48	9	15:48	42.20	3:51:21	5:28	6	34:43	6	34:43