



Erfurt 1 Marathon
Erfurt / 30.08.2014

Detailed evaluation

ASV Senioren

Club: ASV Erfurt
Number: 25

Course: 42.20 km
Marathon 4er Staffel

Category:
Staffel 4 x Mix

Total time: 3:54:07

Speed: 10.76 km/h
Running performance: 5:33 min/km

Rank in course/Total: 7 (of 21)

Rank in course/Total: 4 (of 16)

Best time in course: 3:28:31

Rank in category: 4(of 16)

Best time in the category: 3:28:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
VP1 - Gubener St	5.40	fehlt!	-	-	-	-	-	5.40	-	-	-	-	-	-
VP2 - Nordpark	4.80	49:40	10:20	13	24:30	13	24:30	10.20	49:40	4:52	4		4	
VP3 - Pfaffenstie	10.90	56:30	5:11	3	2:35	3	2:35	21.10	1:46:10	5:01	4		4	
VP4 - Walterslebi	4.90	32:55	6:43	12	9:17	12	9:17	26.00	2:19:05	5:20	4	2:30	4	2:30
VP5 - Waldhaus	4.00	24:29	6:07	10	5:44	10	5:44	30.00	2:43:34	5:27	4	5:34	4	5:34
Nordpark Erfurt	12.20	1:10:33	5:46	6	20:02	6	20:02	42.20	3:54:07	5:32	4	25:36	4	25:36