



Erfurt 1 Marathon  
Erfurt / 30.08.2014

Detailed evaluation

Flinke Füsse

Number: 9

Course: 42.20 km  
Marathon 4er Staffel

Category:  
Staffel 4 x Mix

Total time: 3:54:09

Speed: 10.76 km/h  
Running performance: 5:33 min/km

Rank in course/Total: 8 (of 21)

Rank in course/Total: 5 (of 16)

Best time in course: 3:28:31

Rank in category: 5(of 16)

Best time in the category: 3:28:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Cat.	Total	Total				Cat.	Cat.	Total	Total
VP1 - Gubener St	5.40	fehlt!	-	-	-	-	-	5.40	-	-	-	-	-	-
VP2 - Nordpark	4.80	1:02:34	13:02	15	37:24	15	37:24	10.20	1:02:34	6:08	5	10:03	5	10:03
VP3 - Pfaffenstie	10.90	1:07:32	6:11	11	13:37	11	13:37	21.10	2:10:06	6:09	5	21:38	5	21:38
VP4 - Walterslebi	4.90	23:48	4:51	2	0:10	2	0:10	26.00	2:33:54	5:55	5	17:19	5	17:19
VP5 - Waldhaus	4.00	22:43	5:40	8	3:58	8	3:58	30.00	2:56:37	5:53	5	18:37	5	18:37
Nordpark Erfurt	12.20	57:32	4:42	2	7:01	2	7:01	42.20	3:54:09	5:32	5	25:38	5	25:38