



Erfurt 1 Marathon
Erfurt / 30.08.2014

Detailed evaluation

4 Freunde sollt ihr sein

Club: ANNAKRAM e.V.
Number: 16

Course: 42.20 km
Marathon 4er Staffel

Category:
Staffel 4 x Mix

Total time: 3:59:24

Speed: 10.53 km/h
Running performance: 5:40 min/km

Rank in course/Total: 11 (of 21)

Rank in course/Total: 7 (of 16)

Best time in course: 3:28:31

Rank in category: 7(of 16)

Best time in the category: 3:28:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score		Stage score		Total ranking		Total ranking		Total ranking		
				Pos Cat.	Behind Cat.	Pos Total	Behind Total	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Total	Behind Total
VP1 - Gubener St	5.40	30:42	5:41	10	5:38	10	5:38	5.40	30:42	5:41	3	4:39	3	4:39
VP2 - Nordpark	4.80	31:24	6:32	12	6:14	12	6:14	10.20	1:02:06	6:05	6	9:35	6	9:35
VP3 - Pfaffenstie	10.90	1:11:22	6:32	13	17:27	13	17:27	21.10	2:13:28	6:19	6	25:00	6	25:00
VP4 - Walterslebi	4.90	25:02	5:06	3	1:24	3	1:24	26.00	2:38:30	6:05	6	21:55	6	21:55
VP5 - Waldhaus	4.00	19:10	4:47	2	0:25	2	0:25	30.00	2:57:40	5:55	6	19:40	6	19:40
Nordpark Erfurt	12.20	1:01:44	5:03	3	11:13	3	11:13	42.20	3:59:24	5:40	7	30:53	7	30:53