



Erfurt 1 Marathon

Erfurt / 30.08.2014

Detailed evaluation

Thüringer Klöße

Club: BSG Commerzbank Sömmerda
Number: 53

Course: 42.20 km
Marathon 4er Staffel

Category:
Staffel 4 x Mix

Total time: 3:57:43

Speed: 10.60 km/h
Running performance: 5:38 min/km

Rank in course/Total: 10 (of 21)

Rank in course/Total: 6 (of 16)

Best time in course: 3:28:31

Rank in category: 6(of 16)

Best time in the category: 3:28:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind	
				Cat.	Total	Cat.	Total				Cat.	Total	Cat.	Total
VP1 - Gubener St	5.40	25:24	4:42	2	0:20	2	0:20	5.40	25:24	4:42	4		4	
VP2 - Nordpark	4.80	25:38	5:20	2	0:28	2	0:28	10.20	51:02	5:00	7		7	
VP3 - Pfaffenstie	10.90	1:03:58	5:52	7	10:03	7	10:03	21.10	1:55:00	5:27	7	6:32	7	6:32
VP4 - Walterslebi	4.90	29:58	6:06	8	6:20	8	6:20	26.00	2:24:58	5:34	7	8:23	7	8:23
VP5 - Waldhaus	4.00	22:02	5:30	7	3:17	7	3:17	30.00	2:47:00	5:33	7	9:00	7	9:00
Nordpark Erfurt	12.20	1:10:43	5:47	7	20:12	7	20:12	42.20	3:57:43	5:37	6	29:12	6	29:12