



Erfurt 1 Marathon

Erfurt / 30.08.2014

Detailed evaluation

Sonntags halb zehn im Steiger

Number: 66

Course: 42.20 km

Marathon 4er Staffel

Category:

Staffel 4 x Frauen

Total time: 4:02:08

Speed: 10.41 km/h

Running performance: 5:44 min/km

Rank in course/Total: 12 (of 21)

Rank in course/Women: 1 (of 1)

Best time in course: 4:02:08

Rank in category: 1(of 1)

Best time in the category: 4:02:08

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Gubener St	5.40	26:07	4:50	1	-	1	-	5.40	26:07	4:50	1	-	1	-
VP2 - Nordpark	4.80	25:35	5:19	1	-	1	-	10.20	51:42	5:04	1	-	1	-
VP3 - Pfaffenstiege	10.90	1:13:16	6:43	1	-	1	-	21.10	2:04:58	5:55	1	-	1	-
VP4 - Waltersleben	4.90	28:49	5:52	1	-	1	-	26.00	2:33:47	5:54	1	-	1	-
VP5 - Waldhaus	4.00	22:38	5:39	1	-	1	-	30.00	2:56:25	5:52	1	-	1	-
Nordpark Erfurt	12.20	1:05:43	5:23	1	-	1	-	42.20	4:02:08	5:44	1	-	1	-