



Erfurt 1 Marathon
Erfurt / 30.08.2014

Detailed evaluation

Lenz, Gunther

Number: 57

Course: 42.20 km
Marathon Einzel

Category:
Männer

Total time: 4:41:20

Speed: 8.96 km/h

Running performance: 6:40 min/km

Rank in course/Total: 27 (of 43)

Rank in course/Men: 26 (of 41)

Best time in course: 3:25:23

Rank in category: 26(of 41)

Best time in the category: 3:25:23

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|-------------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|---------|-----|---------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| VP1 - Gubener St | 5.40 | 29:22 | 5:26 | 17 | 7:50 | 17 | 7:50 | 5.40 | 29:22 | 5:26 | 5 | | 5 | |
| VP2 - Nordpark | 4.80 | 28:16 | 5:53 | 17 | 5:43 | 17 | 5:43 | 10.20 | 57:38 | 5:39 | 7 | | 7 | |
| VP3 - Pfaffenstie | 10.90 | 1:10:04 | 6:25 | 17 | 17:16 | 17 | 17:16 | 21.10 | 2:07:42 | 6:03 | 6 | | 6 | |
| VP4 - Walterslebi | 4.90 | 36:26 | 7:26 | 18 | 9:46 | 18 | 9:46 | 26.00 | 2:44:08 | 6:18 | 4 | | 4 | |
| VP5 - Waldhaus | 4.00 | 29:50 | 7:27 | 24 | 9:21 | 24 | 9:21 | 30.00 | 3:13:58 | 6:27 | 6 | | 6 | |
| Nordpark Erfurt | 12.20 | 1:27:22 | 7:09 | 27 | 26:21 | 27 | 26:21 | 42.20 | 4:41:20 | 6:39 | 27 | 1:15:57 | 27 | 1:15:57 |