



# Erfurt 1 Marathon

Erfurt / 30.08.2014

## Detailed evaluation

**Fritzlar, Heike**

Club: Mühlhäuser Röblinglauf e.V.

Number: 37

Course: 42.20 km

Marathon Einzel

Category:

Frauen

Total time: 4:48:24

Speed: 8.74 km/h

Running performance: 6:50 min/km

Rank in course/Total: 31 (of 43)

Rank in course/Women: 2 (of 2)

Best time in course: 4:20:48

Rank in category: 2(of 2)

Best time in the category: 4:20:48

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Gubener St	5.40	29:34	5:28	2	0:10	2	0:10	5.40	29:34	5:28	2	0:10	2	0:10
VP2 - Nordpark	4.80	28:46	5:59	2	0:31	2	0:31	10.20	58:20	5:43	2	0:41	2	0:41
VP3 - Pfaffenstie	10.90	1:15:42	6:56	1	-	1	-	21.10	2:14:02	6:21	2		2	
VP4 - Walterslebi	4.90	38:40	7:53	1	-	1	-	26.00	2:52:42	6:38	1	-	1	-
VP5 - Waldhaus	4.00	28:33	7:08	1	-	1	-	30.00	3:21:15	6:42	2	23:12	2	23:12
Nordpark Erfurt	12.20	1:27:09	7:08	2	4:24	2	4:24	42.20	4:48:24	6:50	2	27:36	2	27:36