



Erfurt 1 Marathon

Erfurt / 30.08.2014

Detailed evaluation

Annas Ladies & Gentlemen

Club: ANNAKRAM e.V.

Number: 15

Course: 42.20 km

Marathon 4er Staffel

Category:

Staffel 4 x Mix

Total time: 4:22:31

Speed: 9.60 km/h

Running performance: 6:13 min/km

Rank in course/Total: 20 (of 21)

Rank in course/Total: 15 (of 16)

Best time in course: 3:28:31

Rank in category: 15(of 16)

Best time in the category: 3:28:31

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score		Total ranking		Total km	Total Time	Total min/km	Stage score		Total ranking	
				Pos Cat.	Behind Cat.	Pos Total	Behind Total				Pos Cat.	Behind Cat.	Pos Total	Behind Total
VP1 - Gubener St	5.40	29:37	5:29	9	4:33	9	4:33	5.40	29:37	5:29	12	3:34	12	3:34
VP2 - Nordpark	4.80	27:28	5:43	7	2:18	7	2:18	10.20	57:05	5:35	15	4:34	15	4:34
VP3 - Pfaffenstiege	10.90	1:08:15	6:15	12	14:20	12	14:20	21.10	2:05:20	5:56	15	16:52	15	16:52
VP4 - Waltersleben	4.90	35:45	7:17	14	12:07	14	12:07	26.00	2:41:05	6:11	15	24:30	15	24:30
VP5 - Waldhaus	4.00	28:22	7:05	14	9:37	14	9:37	30.00	3:09:27	6:18	14	31:27	14	31:27
Nordpark Erfurt	12.20	1:13:04	5:59	9	22:33	9	22:33	42.20	4:22:31	6:13	15	54:00	15	54:00