



Erfurt 1 Marathon

Erfurt / 30.08.2014

Detailed evaluation

Wenk, Helena-Phelicitas

Club: Team Thüringen

Number: 40

Course: 42.20 km

Marathon Einrad

Category:

Frauen

Total time: 5:08:29

Speed: 8.17 km/h

Running performance: 7:19 min/km

Rank in course/Total: 7 (of 14)

Rank in course/Women: 3 (of 4)

Best time in course: 3:27:11

Rank in category: 3(of 4)

Best time in the category: 3:27:11

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Gubener St	5.40	34:53	6:27	2	0:02	2	0:02	5.40	34:53	6:27	3		3	
VP2 - Nordpark	4.80	22:26	4:40	2	0:08	2	0:08	10.20	57:19	5:37	4		4	
VP3 - Pfaffenstie	10.90	1:25:39	7:51	2	26:40	2	26:40	21.10	2:22:58	6:46	3	41:41	3	41:41
VP4 - Walterslebi	4.90	55:11	11:15	3	14:53	3	14:53	26.00	3:18:09	7:37	3	56:34	3	56:34
VP5 - Waldhaus	4.00	29:04	7:15	1	-	1	-	30.00	3:47:13	7:34	2		2	
Nordpark Erfurt	12.20	1:21:16	6:39	3	15:40	3	15:40	42.20	5:08:29	7:18	3	1:41:18	3	1:41:18