



Erfurt 1 Marathon

Erfurt / 30.08.2014

Detailed evaluation

Knauft, Hartmut

Club: Lieber eins als keins

Number: 31

Course: 42.20 km

Marathon Einrad

Category:

Männer

Total time: 5:08:30

Speed: 8.17 km/h

Running performance: 7:19 min/km

Rank in course/Total: 11 (of 14)

Rank in course/Men: 8 (of 10)

Best time in course: 3:10:46

Rank in category: 8(of 10)

Best time in the category: 3:10:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Gubener St	5.40	34:50	6:27	4	18:36	4	18:36	5.40	34:50	6:27	7		7	
VP2 - Nordpark	4.80	22:27	4:40	3	5:21	3	5:21	10.20	57:17	5:36	10		10	
VP3 - Pfaffenstie	10.90	1:26:38	7:56	8	30:00	8	30:00	21.10	2:23:55	6:49	8	45:03	8	45:03
VP4 - Walterslebi	4.90	54:32	11:07	5	22:00	5	22:00	26.00	3:18:27	7:37	8	1:07:03	8	1:07:03
VP5 - Waldhaus	4.00	29:36	7:24	3	0:44	3	0:44	30.00	3:48:03	7:36	4	0:39	4	0:39
Nordpark Erfurt	12.20	1:20:27	6:35	2	21:05	2	21:05	42.20	5:08:30	7:18	9	1:57:44	9	1:57:44